FILOT SULPPET MEALS MEDUS MENUS ARE SUBJECT TO CHANGE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WIN	TER RECES	55 – Ha p	py Holide	1-3 1 y S
Garlicky Cheese Bread – V Horchata Yogurt OR Strawberry Yogurt Sunflower Seeds Chocolate Granola Frozen Vegetable Juice Fresh Fruit	1-7 Cheese Burger Sliders Yellow Submarine Sandwich Vegetable Juice Orange	1-8 Chicken & Cheese Burrito String Cheese Turkey Stick Crunchy Tortilla Chips Tangy Salsa Cup Applesauce Cup	1-9 Beef Corn Dog Deli Turkey and Cheese Sandwich Golden Hash Brown Patties Apple	1-10 Chicken Tenders, Homestyle String Cheeses Blueberry Muffin Petite Baby Carrots Frozen Fruit Juice Bar
Garlicky Cheese Bread – V String Cheese Sunflower Seeds Crunchy Tortilla Chips Marinara Sauce Cup Fresh Fruit	1-14 Zesty Beef Chalupa Yellow Submarine Sandwich Petite Baby Carrots Apple	1-15 All American Burger String Cheeses Cinnamon Toast Crunch Bag Golden Hash Brown Patties Applesauce Cup	Asian Chicken Bites Horchata Yogurt OR Strawberry Yogurt Sunflower Seeds Chocolate Granola Vegetable Juice Slush Fresh Fruit	1-17 Whole Grain Pepperoni Pizza Wedge – V String Cheese Turkey Stick Blueberry Muffin Petite Baby Carrots Orange
MARTIN LUTHER KING, JR. DAY	1-21 Cheese Burger Sliders Horchata Yogurt OR Strawberry Yogurt Sunflower Seeds Chocolate Granola Frozen Vegetable Juice Orange	1-22 Beef & Cheese Taco Burrito String Cheese Turkey Stick Crunchy Tortilla Chips Tangy Salsa Cup Applesauce Cup	1-23 Beef Corn Dog Deli Turkey and Cheese Sandwich Golden Hash Brown Patties Apple	1-24 Chicken Tenders, Homestyle String Cheeses Blueberry Muffin Petite Baby Carrots Frozen Fruit Juice Bar
Garlicky Cheese Bread – V String Cheese Sunflower Seeds Crunchy Tortilla Chips Marinara Sauce Cup Fresh Fruit	1-28 Zesty Beef Chalupa Yellow Submarine Sandwich Petite Baby Carrots Apple	1-29 All American Burger String Cheeses Cinnamon Toast Crunch Bag Golden Hash Brown Patties Applesauce Cup	1-30 Asian Chicken Bites Horchata Yogurt OR Strawberry Yogurt Sunflower Seeds Chocolate Granola Vegetable Juice Slush Fresh Fruit	1-31 Whole Grain Pepperoni Pizza Wedge - V String Cheese Turkey Stick Blueberry Muffin Petite Baby Carrots Orange

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

Daily Supper Option: Italian Cheese Pack / Fruit / Milk

All of the Grain/Bread items served are Whole Grain Rich.

Open to the community (up to the age of 18 or individuals of any age if disabled)

Revised 01/13/20